



# nAMI Walks

National Alliance on Mental Illness

#StigmaFree

Saturday, May 4, 2019  
Sacramento



**2019**  
Join the  
NAMI Northern California  
mental health walk to raise  
funds and awareness to  
help change perceptions  
about mental illness.



Register and Donate Today!  
[www.namiwalks.org/northerncalifornia](http://www.namiwalks.org/northerncalifornia)

For more information contact:  
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916-749-6167

Check-in at 8:00am  
Walk at 10:00am

William Land Park Village Green,  
Sacramento

#NAMIWalksNorthernCalifornia

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National NAMIWalks Elite Sponsor



HBC FOUNDATION:  
HEADFIRST



National Walk Partner



Dignity Health.

